

Botulinum it's other uses including your feet!



Botulinum Toxin

Botulinum toxin contains natural proteins that originate from bacteria. These proteins are purified to become a safe and highly effective product which can temporarily relax muscles & sweat glands.

Botulinum is commonly known for treating lines and wrinkles on the face, however treatments using Botulinum have advanced to include, bladder control, migraines, hyperhidrosis and more recently for bunions.

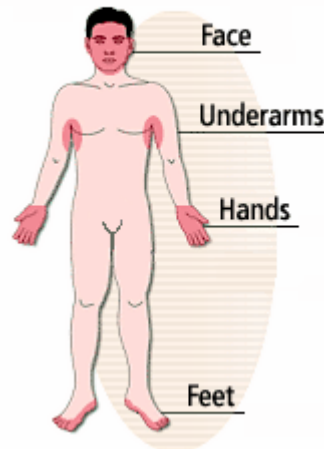
Botulinum for hyperhidrosis

Hyperhidrosis is the medical term for excessive sweating. Over production of the sweat glands causes lots of sweat which appears on the surface of the skin causing wet patches to appear on clothing.

The most common areas for hyperhidrosis include:

- Underarms (Axillae)
- Hands
- Soles of the feet (Plantar)

Classic Locations of Hyperhidrosis



Botulinum can be injected into any of the above areas to treat hyperhidrosis. The aim of using Botulinum is to temporarily relax the nerves that control the sweat glands. If the nerves controlling the sweat glands temporarily stop working, no sweat will be produced.

For your underarms you will be asked to shave the area 24 hours before-hand, this is to enable the practitioner to see clearly the areas of sweat production. Iodine and starch are used to locate the areas of maximum sweating. It is **unlikely** that you would need a local anaesthetic; however there are numbing agents available. The procedure takes no more than 30 minutes to complete. You will start to notice the effects after a couple of days.

For plantar hyperhidrosis, one foot is treated at a time. You will need to have a local anaesthetic which the podiatrist will administer before the Botulinum treatment. Again iodine and starch is used to locate the areas of sweating on the sole of the foot. The treatment is very quick and effective.

This treatment is very successful and takes away the need to frequently change clothing or the worry of unpleasant smells. It is only a temporary measure however, but gives you the ability to stop worrying about sweating too much. It is very popular in the spring and summer months when sweat production is worse. Botulinum is not

harmful in any way and lasts approximately up to 6 months.

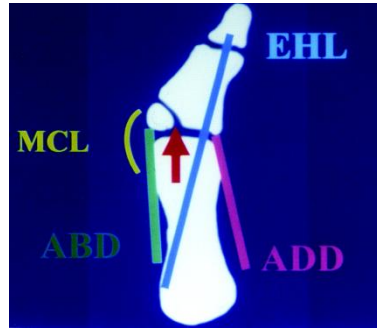
Botulinum for bunions.

Botulinum can be considered as a medical and cosmetic treatment for bunions in the feet. Bunions are bony lumps that appear on the outside of our big toes. They occur mainly due to hereditary factors, however certain types of footwear can appear to make the bunion form more quickly.



Bunions can be very difficult to treat, podiatrists aim to look at the mechanics of the feet and use devices called orthotics to correct the mechanics and stop the bunion from getting worse.

The big toe has two tendons either side that aim to structurally support and allow the big toe to function during gait. The tendon on the outer side is called Adductor Hallucis tendon (ADD). The tendon on the inner side is called the Abductor Hallucis tendon (ABD).



Once a bunion starts to appear the big toe usual takes an angulated shape and points towards the second toe. The Abductor Hallucis tendon is responsible for pulling the big toe in this way.

The shape of the big toe is not cosmetically appealing and can make certain types of shoes difficult to wear.

WalkWell Clinic has found a solution. A small amount of Botulinum can be placed into the Abductor Hallucis tendon responsible for pulling the big toe towards the second toe. This will relax the tendon and allow the opposite tendon Adductor Hallucis tendon to pull the toe straight, giving a more cosmetically appealing shape to the foot.



This will last up to 12 months .

If you have any further questions or would like to book in for your free consultation to discuss treatments with Botulinum toxin, please do not hesitate to contact us:

Prices:

Hyperhidrosis

Botox for hands	£295.00
Botox for underarms	£395.00
Botox for feet	£495.00

Bunions

Botox for 1	£395.00
Botox for 2	£475.00

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